

Farm Girl Field Notes

CSA edition

September 3, 2013



September is here

The summer has flown by and it is the last month of our CSA. September 24th and 27th will be the last pickup days of the season. With school starting, we know that many of you will be starting new routines. Remember you can pick up your Tuesday CSA pickup from 9am-5pm (or later if needed).

We have enjoyed this first year and are already making plans for next year's CSA. In the next few weeks, we will put out information and sign-up sheets for 2014. We hope you will decide to participate again!

Pickings from the Patch

The transformation has already begun. In the fall, Panek's Pickin' Patch turns into Panek's Pumpkin Pile, a place where you can get everything you need to decorate for fall. Kerry has started digging mums and there is a beautiful display out front. There are many colors to choose from and more to come as the season goes by.

In the next couple weeks, she will start harvesting pumpkins, gourds and Indian corn. Then winter squash: spaghetti, acorn, buttercup, butternut, delicate and more.

Another busy time of the year, but joyful as well. I know that one of Kerry's favorite things is helping a child pick out the perfect pumpkin. She delights as she darts around the yard, looking at, the weird warty gourds, Cinderella pumpkins, and mini Indian corn. So many colors, aromas, and textures!

Check us out on Facebook. Just as we did to celebrate our 30th anniversary of strawberry season, we will soon be posting old and new photos of the Pumpkin Patch.

*Guinevere Panek for Kerry Panek, Panek's Pickin' Patch
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Life on the Ledge

Apple picking started last week. While I appreciate the other seasons, I think fall is my favorite. Especially after a warm, sunny summer like we've had this year, I am ready for the change. Brilliant colors, crisp air, the smell of apples and cinnamon as I put up jars of applesauce all add to that cozy, getting ready for winter feeling.

Growing up on an apple farm, I was quite spoiled. Other folks would equate spoiled with a huge fancy house or designer clothes (none of which I had), but to me spoiled meant getting to go out the back door, take my bike along the farm lane and pick a crisp, juicy apple right off the tree.

We have just finished harvest of some of the early apples, Ginger Gold and Jonamac and next week, we will start Galas. Some of my favorites include the mid to late season apples like Jonagold and Empire. My applesauce recipe always includes a mix of apples and usually includes Jonagolds for sweetness, plus another hearty apple like Northern Spy. Yum!

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Farm Girl Field Notes is a bi-weekly (or as often as we have time...the farming season is very busy!!) newsletter from Panek's Pickin' Patch, Ledge Rock Farms, & Flower Fields Forever (in the farmers' market edition). You will learn a little about our farms and what is happening each week.