

Farm Girl Field Notes

CSA edition September 16, 2013



Autumn Arrives

This week and next are the last two weeks for our Berry CSA. September 24th and 27th will be the last pickup days of the season. We will continue to offer strawberries for sale until frost (which is usually the middle of October). We expect to have our full fall display of pumpkins, gourds, squash, apples, mums and more out by this coming weekend. We hope you will stop in and see us even after the CSA ends for the year!

This week's newsletter is a bit shorter than normal, so we plan to have a full length one for the final week of the CSA.

Pickings from the Patch

Kerry has been in the kitchen making lots of different combinations of jam: blueberry peach, peach raspberry, strawberry peach. All so unique and tasty because of good, quality fruit and a skilled jam maker! Often when I arrive in the morning, to drop off strawberries or apples or for the grandkids to visit, she already has a batch of jam made, has dug dozens of mums, and ready for the rest of the day.

We may have a "true" jam share next year in addition to our jam and freezer share. This would

include an assortment of jams and jellies throughout the season. More next week!

*Guinevere Panek for Kerry Panek, Panek's Pickin' Patch
585-589-6155*

Life on the Ledge

I have spent some time waiting for it to get light these days. With school starting, I have lost much of my strawberry picking help. So, this morning, as most of late, I wait for enough light so I can go pick as much as possible before the boys wake up.

Some days, I am less worried about getting the picking done than others; I am blessed to have some of my friends helping me a few days a week. I hire one of them to stay in and watch all of our kids and the other(s) to help pick. It is actually a nice mix for us, allows some social time for our kids and for us!

This morning, the coffee is good and I have had a chance to write a bit for this newsletter. I wouldn't mind delaying my excursion outdoors, since the thermometer is reading a brisk 38 degrees. But, it is light enough now, I'd better get moving!

*Guinevere (Smith) Panek, Ledge Rock Farms
585-590-2356*



Farm Girl Field Notes is a bi-weekly (or as often as we have time...the farming season is very busy!!) newsletter from Panek's Pickin' Patch, Ledge Rock Farms, & Flower Fields Forever (in the farmers' market edition). You will learn a little about our farms and what is happening each week.